

# Autism Play Today's Support Model

If child starts to stim again- start from the bottom and work your way up

## Engaged Learning

New Developments  
Generalization  
Request, Ask, Encourage

## Connection in *Our* Activity

Using child's motivations to encourage engagement in *our* activity

## Connection in *Child's* Interests

Adding playful elements to *their* toys, topics, & Interests

## Stimming

*(Repetitive activities/actions often solitary or exclusive)*

Relatable Action    Offer & Observe    Allow to Stim

Autism Play Today™

Level of Social Connection Increases

Closed to Social Connection

This model provides a visual process of moving through the  
**4 steps needed to support engaged learning and generalization of skills.**

Starting from the bottom and work your way up, use this model as tool to help you identify when and how to teach your child according to their own unique process of learning.



**As you start from the bottom- STIMMING... here are a few key techniques to support you:**

**-Relatable Action:** Share your joy in your child and their interests as they stim, by doing their stim alongside them.

**-Offer & Observe:** By OFFERING an invitation to engage and then observing their response to this offer, we are creating a way to check-in with where they are in their ability and desire to connect and learn from us.

*Children may be wanting to engage but can't physically connect their bodies to express and show interest OR they may want to continue to stim- we won't know until we offer. This Offer and then Observe method is a way of checking-in in the most respectful and honorable way by giving them an opportunity to connect or engage when physical or emotional challenges may be getting in the way.*

**-Allow Stimming:** Many families are often told to STOP their child's stim and because of this advise they try to get their children to move away from an incredibly self regulating, self soothing activity- the stim can help block out too much stimulation or provide stimulation when needed- because of this it is very helpful to our children. This will hugely support your child becoming more available and connected later when you are ready to teach.